How to recharge in Sweden

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Abstract

Since the birth of our daughter, we spend our summers in Sweden, just like I used to, when I was little. This not only allows her to get more practice in Swedish then she gets talking with just me or her grandmother, but we also get to really recharge our batteries in the fabulous wilderness up there.

Keywords

Cognitive Neuroscience (Subfield), Personal, Blueberries, Flyfishing, Lake, Mushrooms

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Since the birth of our daughter, we spend our summers in Sweden, just like I used to, when I was little. This not only allows her to get more practice in Swedish then she gets talking with just me or her grandmother, but we also get to really recharge our batteries in the fabulous wilderness up there. Here are a few of the components needed for such an efficient charger:

For instance, you can just step out and collect some of these

Until you have enough of them, maybe like this

Then you get all the leaves and stuff out

and put them all into a box

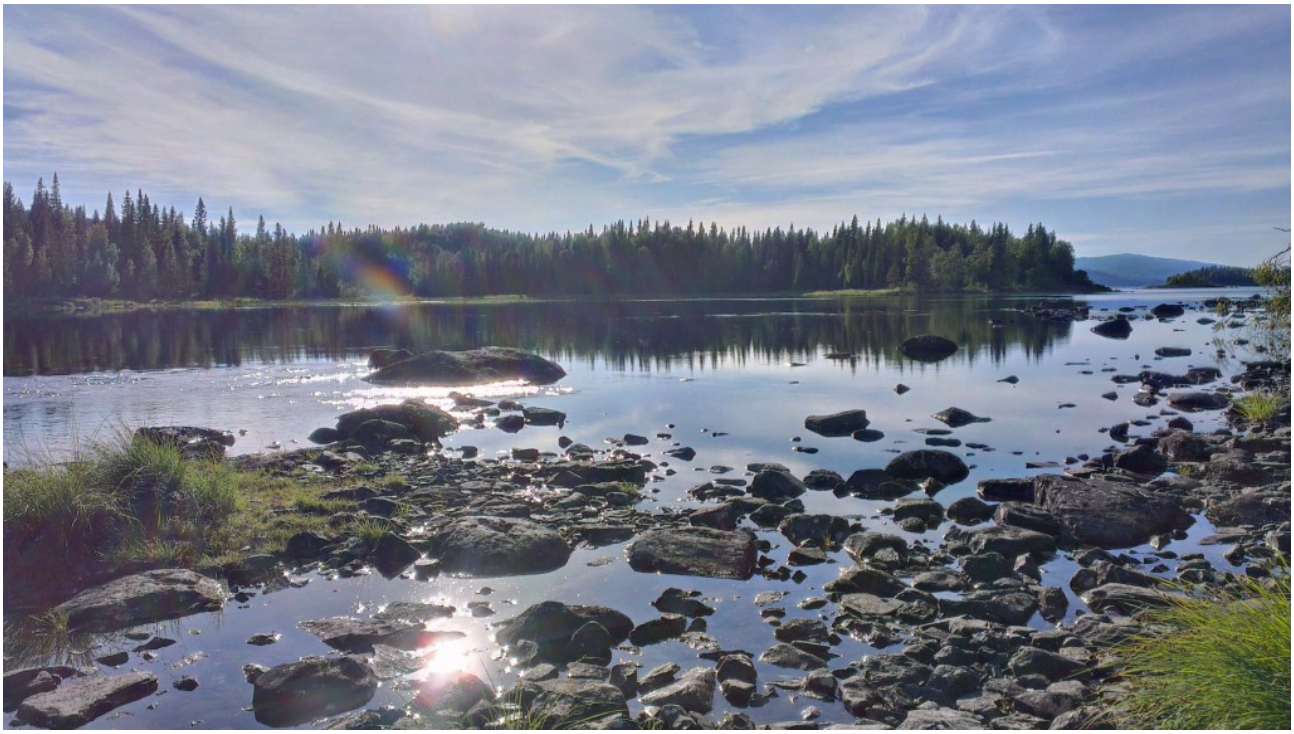
Then, every morning, you can put some of those into your Swedish filmjölk before you add your cereal:

Or, of course, you can bake a blueberry pie (which was eaten before I could take a picture of it).

As the wilderness begins right at your doorstep (at least where we were), you can take a few steps and discover some of these

and then fry them right away:

Another thing you can do is go hiking to beautiful places such as these



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Or you can take a boat and enjoy some of the many lakes there

As you can see, there's plenty of water, so you can do some behavioral experiments using mockups mimicking insects and prey-fish and perhaps trigger the predatory response in some of these

which one can easily turn into this

or some larger specimens such as this one

which can quickly evolve in to these different forms

I hope you can image how sad it is to leave this place, but also how rested and recharged we all feel now.