



# THE SPINE & REHAB GROUP



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[Info@thespineandrehabgroup.com](mailto:Info@thespineandrehabgroup.com)

## WORKING HOURS:

Monday: 7am-7pm  
Tuesday: 7am-7pm  
Wednesday: 7am-7pm  
Thursday: 7am-7pm  
Friday: 7am-7pm  
Saturday: Closed  
Sunday: Closed



## ABOUT US

At The Spine & Rehab Group we understand your pain and injury better than most. Our approach to pain management and injury recovery involves taking a comprehensive look at your condition(s) and exploring all non-surgical, interventional and alternative treatment options to help you finally find relief and get back to living your life.

Our team in New York City and New Jersey provides you with one-on-one care and state of the art treatments. Doctors and professional staff will work with you to develop a custom fit treatment plan to restore your health, relieve your pain and promote recovery.

With award winning doctors and multiple board certifications, our dedicated team of specialists at The Spine & Rehab Group in NYC and NJ treats everything from lower back pain, to serious knee injuries and spinal deformities. Our skilled team includes; Pain Management Specialists, Interventional Spine Specialists, Sports Medicine Doctors, Expert Physical Therapists, Physiatrists and Certified Acupuncturists.

We understand you are busy, so we've made scheduling easy. Appointments are available between 7:00 AM and 7:00 PM depending on the day of the week, and we do our best to accommodate your schedule. Patients can choose to book easily online, or call the most conveniently located office to you in New Jersey or Manhattan, New York City offices in Union Square and Midtown. Our doctors make themselves available to our patients with access to personal email addresses.

At The Spine & Rehab Group our Back Pain Specialists and Pain Management Specialists understand your pain. Our team of Board Certified Doctors and Physical Therapists in New York City and New Jersey provide you with one-on-one care and develop a custom fit treatment plan to restore your health, relieve pain and promote recovery.

Whether you have back pain, a knee injury, migraine headaches, herniated discs of any other condition or injury that is causing you pain, The Spine & Rehab Group's Integrative and Non-Surgical approach to treating your pain will get you back on track to enjoy your life and live pain free!